The Panteo BRAIN a project of special service for groups



be there!

LA City College

Wednesday October 3rd, 2012 9:00 AM to 4:00 PM

the
painted
brain
mental
health
arts
vorkshop

the painted brain

RSVP - www.thepaintedbrain.org
thepaintedbrain@gmail.com
dave, director: 626-354-1584



"This course meets the qualifications for 5 hours of continuing education credit for MFT's and/or LCSW's as required by the California Board of Behavioral Science" (BBS Provider Number 2260, Asian Pacific AIDS Intervention Team)



mental health arts workshop

9am-4pm Wednesday, October 3rd 2012 RSVP at www.thepaintedbrain.org

Please join The Painted Brain on Wednesday October 3rd at Los Angeles City College for our Mental Health Arts Workshop, a free daylong training and participatory event for the mental health community [that's everyone] aimed at facilitating art, relationships, and community within the systems of wellness and recovery.

The workshop is a celebration of art groups and art training – a 'Train the Trainer' event. Each art group that we present will offer curricula to guide and support participants in creating and running your own low-cost, low-barrier, relationship & community-building arts activities.

Arts activities will include poetry, collective paper quilting, 'zines & cartooning, sketchbook diaries, drama, dance, and drumming. We will be hosting an art gallery and coffee space and will have musical and poetry performances during the catered lunch hour. Breakfast will also be served.

The workshop welcomes mental health practitioners, front line agency staff, peer advocates, clients and consumers of mental health and other social services as well as family members, friends and significant others. The target population is TAY youth ages 18 to 25. All students of life and interested parties are welcomed.

The Painted Brain is a peer-driven outreach, media and arts campaign created by young adults living with mental illness. Here is the proud voice of a growing community of artists who aim to decrease the isolation and stigma and subvert the common stereotypes about some of the most deeply misunderstood mental health disorders as schizophrenia, bipolar, autism, major depression and anxiety. People living with mental illness have much to express, to teach, to learn and to share. We hope you will listen, take part, and care.

This event is made possible with the support of the County of Los Angeles Department of Mental Health and Special Service for Groups.

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Please (you must!) RSVP @ www.thepaintedbrain.org as we're limited to 200. Do visit the website to get more info about The Painted Brain and our upcoming day of art, affirmation, and wellin'



Sincerely and with much gratitude,

the painted brain

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